



Poppleton Ousebank PRIMARY SCHOOL

'Capturing the imagination of young minds'

Newsletter - Friday 25th October 2024

A message from Miss Collier

It has been an incredibly busy but fantastic half term. So much to celebrate and we have been so incredibly proud of our children and how they have demonstrated such a 'can do' attitude at the start of the new school year.

Many thanks to all the parents who have attended welcome meetings, workshops and parents' evenings over the course of the half term. These are always great opportunities to work together with you to best support your child. We really value your attendance at such events and appreciate your input and feedback. If you have been unable to attend this week, please make an appointment with the class teacher as soon as possible.

Equal Access Award - We are very proud to have been awarded a Barclays Equal Access School award. Our school offers the same access, same offer of training and same matches for both boys and girls. This is a fabulous achievement. Huge thanks to Mr Langhamer, Mr Smith and Miss Bates who all help support and facilitate these opportunities.

Random act of kindness - Chester in Y4 Douro has been growing his hair for a very special cause. He plans to donate his locks to The Little Princess Trust, an organisation that provides wigs to children and young people who have lost their hair due to illness. Chester has also decided to raise funds for two charities close to his heart: the RSPCA and Dogs Trust. He will split the money raised equally between these two wonderful organisations, helping to support their vital work in animal welfare. If you wish to donate to this cause please use this [link](#)

Staffing update - Today we say goodbye to Mr Godfrey as he returns to his substantive post at Manor. I would like to thank Mr Godfrey for all his hard work and commitment during his time here. We will also be saying goodbye to Mrs Pickford on Wednesday 13th November. We would like to wish her well and thank her for her many years of service, making a big difference for everyone at Poppleton Ousebank Primary School.

Governor update - We wrote to you earlier in the term regarding our parent governor vacancy. We received one parent governor nomination, Alex Johnson. This means Alex will remain a parent governor with a new term of four years starting from 5/11/24. I'm sure you'll join me in congratulating Alex. She is a real positive part of school governance who continues to dedicate her time and support to the school and community. This continuity will help support the continual development of POPS.

Smartphone survey - You may have seen posters around school during parents' evening this week. Thank you to those who have already completed this. We are really keen to hear your views on this important matter. Please complete this short survey <https://forms.gle/FbKtneKNsniLhZET6>. We would also like to make you aware of the smartphone free

childhood [website](#) which has lots of useful information and research highlighting the harmful impact smartphones are having on children.

Open afternoon - Is your child due to start school in September 2025? Join our open afternoon on Thursday 7th November at 4pm for an exclusive look around our school. There will be an opportunity to meet the staff, learn more about us and ask us any questions.

A message from the school council

Macmillan support - We appreciate all of your help for the MacMillan coffee afternoon. We raised a whopping grand total of £679.49 so we give gratitude for all of your donations. This would not have been possible without your help.

Remembrance day - On the days leading up to Remembrance Sunday, we will be selling poppy related items (such as pencils, rulers, pencil sharpeners, and even slap bands) children will be allowed to bring small amounts of money to spend. The money children spend will go towards a good cause for the people we have lost. The selling dates will be Wednesday 6th to Monday 11th. Small donations would be appreciated.

Children in need - On the 15th of November on a Friday, children are invited to come into school dressed in vibrant colours. We ask that (if possible) children bring in a small donation, ideally £1. Thank you for listening.

From Violet and Isaac (Y6 School council)

Reminders

After school clubs - If there are any changes to pick up after school, including after school clubs, please inform the school office. Staff are unable to allow children home with other adults unless parents have informed us of this change. Please notify the school office on hello@pop.hslt.academy

Volunteers - Parent volunteers are really valued and welcomed into school. If you have any regular time during the week to help hear children read, test times tables, help with art activities, to cook or help with the library or a school trip please email Mrs McGregor our support services manager on j.mcgregor2@pop.hslt.academy. All volunteers will be given full induction and relevant safeguarding checks.

Attendance and punctuality - At POPS we are always aiming high, particularly where attendance and punctuality is concerned. Good attendance and punctuality makes a really positive difference to children's learning and wider skills. School starts at **8:45am** please encourage punctuality for all our children. Thank you.

Medicines - Medicines should only be brought into school when prescribed 4 times a day or if doctor's instructions indicate a dosage at lunchtime. It is the responsibility of parents to supply written information about the medication their child needs to take in school. Medication needs to be handed in at the office, where parents are required to complete details of the dosage and consent. Without written consent, we are unable to give out prescribed medicines during the school day. Unfortunately we are not able to give non-prescribed medication, over the counter medicines, to children.

Emergency details - Please ensure the school has been informed of any changes to medical, allergy and emergency contact details. It is vital that school has up to date records and are able to contact parents in an emergency. Please continue to update the school office if your details change.

Lost Property - It has come to our attention that many children have brand new uniform and other items which are unnamed. Please help us to ensure children keep their belongings safe by clearly naming all their property.

Healthy Eating - Here at Poppleton Ousebank, we encourage children to eat healthily. School meals are a great choice for your child, but if you choose to make a packed lunch for them instead, here are some tips for preparing a healthier lunch box.

A healthier lunch box should:

- be based on starchy carbohydrates (bread, potatoes, rice, pasta)
- include fresh fruit and vegetables/salad
- include a source of protein such as beans and pulses, eggs, fish, meat, cheese (or dairy alternative)
- include a side dish such as a low-fat and lower-sugar yoghurt (or dairy alternative), tea cake, fruit bread, plain rice/corn cakes, homemade plain popcorn, sugar-free jelly
- include a drink such as water, skimmed or semi-skimmed milk, sugar-free or no-added-sugar drinks

The **Eatwell Guide** shows you how to have a healthy balanced diet and can help you decide what to put in your child's lunchbox. You can also find healthy lunchbox ideas at **Change4Life**.

Children often like snacks they can eat with their fingers. Try these ideas:

- Chop up raw veggies – such as carrots or peppers, and give them hummus or cottage cheese to dip the veggies in.
- Chop up fruit – such as apple, satsuma segments, strawberries, blueberries, halved grapes or melon slices. Add a squeeze of lemon juice to stop them from going brown.
- Breadsticks and wholemeal crackers –make great finger foods. Try spreading low-fat soft cheese on them.
- Choose malt loaf, tea cakes, fruit breads or fruit – instead of cake, chocolate, cereal bars and biscuits. Fruit can be fresh or canned (in juice, not syrup).

Dried fruit is not recommended as a snack between meals as it's high in sugar and can be bad for teeth, but it's OK when eaten as part of a meal.

Important dates for your diary 2024 - 2025

Training days

Monday 2nd September
 Friday 20th December
 Monday 6th January
 Monday 21st July
 Tuesday 22nd July

Class sharing assemblies

Friday 28th February Y6 Nile
 Friday 7th March Y6 Amazon
 Friday 14th March Y5 Mekong
 Friday 21st March Y5 Mississippi
 Friday 28th March Y4 Danube
 Friday 4th April Y4 Douro
 Friday 25th April Y3 Rhone
 Friday 2nd May Y3 Rhine
 Friday 9th May Y2 Avon
 Friday 16th May Y2 Aire
 Friday 23rd May Y1 Tyne
 Friday 6th June Y1 Thames
 Friday 13th June R Foss
 Friday 20th June R Ouse

Autumn Term

Wednesday 6th November	Reception Bog Babies Forest school day	All day - in school.
Thursday 7th November	Reception open afternoon 25/26	4:00-5:00pm
w/c 11th November	Anti-bullying week - Choose respect	Plans TBC by School council
Tuesday 12th November	Odd socks day	Wear odd socks to celebrate what makes us all unique.
Friday 15th November	Children in Need	Plans TBC by School council
Friday 29th November	Non uniform day	Donation for Christmas fair
Friday 29th November	Friends pre loved christmas jumper sale	3:00pm Playground
Monday 2nd December	Tree day	All children are invited to bring a bauble to hang
Monday 2nd December	Early Years/ KS1 Phonic workshops	3:30 - 4:00pm Mr Holden's / Miss Goodwill's class
Thur 5th - Tues 10th December	Secret Rooms	TBC
Monday 9th December	Nursery/Reception Nativity	2:15pm
Tuesday 10th December	Y1 Christmas show	9:15am
Tuesday 10th December	Y2 Christmas Show	2:15pm
Wednesday 11th December	Y2 Christmas show	9:15am
Wednesday 11th December	Y1 Christmas Show	2:15pm
Wednesday 11th December	Christmas Fair	3:15 -5:30pm

Thursday 12th December	Nursery/Reception Nativity	9:15am
Friday 13th December	Mental Elf Festive fun run - York Mind charity	Come dressed as an elf or wear elf ears/hat
Wednesday 18th December	Festive day - Christmas dinner	Wear your Christmas jumpers/party clothes
Wednesday 18th December	Festive film night	Y1- Y6 3:15 -5:30pm
Thursday 19th December	Last day of term	
Friday 20th December School closed Training day		

Spring Term

Monday 6th January Training day. School closed.		
Tuesday 7th January	School opens	
Monday 20th January	World Religion Day (19th)	A day celebrating other faiths
Monday 27th January	Y5/6 Young Voices	Sheffield Arena 1:00 - 10:00pm
w/c 27th January	National storytelling week	
w/c 3rd February	Children's mental health week	
Monday 3rd February	Early Years/ KS1 Phonic workshops	3:30 - 4:00pm Mr Holden's / Miss Goodwill's class
Tuesday 11th February	Safer Internet Day	
Tuesday 11th February	Parents' evening	3:30-6:30pm Classrooms
Wednesday 12th February	Friends Lantern Riddle	3:15-4:15pm
Thursday 13th February	Parents' evening	3:30-6:30pm Classrooms
w/c 17th February Half Term		
Friday 21st February	Friends World Book Day Costume Sale.	Playground. 3:00 pm
Thursday 6th March	World Book Day	Plans TBC
Thursday 6th March	Friends Book Bonanza	All children to receive a free book
Thursday 6th March	Reception 'Someone Special' reading in school	Reception Ouse/Foss 2:30 - 3:15pm
Friday 14th March	Red Nose Day	Plans TBC by School council
Thursday 20th March	Friends Disco	Y1/2 3:15- 4:00 pm Y3/4 4:15 - 5:15 pm Y5/6 5:30 -6:30pm
Monday 24th March	Early Years/ KS1 Phonic workshops	3:30 - 4:00 pm Mr Holden's / Miss Goodwill's class
Tuesday 25th March	Nursery Stay and Play - phonics	9:00am

Wednesday 26th March	Reception Stay and Play	9:00am
Friday 4th April	Last day of school	

Summer Term

Tuesday 22nd April	Back to school	
Wednesday 23rd April	Class photographs	
Monday 5th May Bank holiday. School closed.		
w/c 12th May	Y6 SATs	
Friday 16th May	Y6 Celebration day	events TBC
w/c 19th May	Walk to school week	
Monday 19th May	Early Years/ KS1 Phonic workshops	3:30 - 4:00pm Mr Holden's / Miss Goodwill's class
w/c 26th May Half Term		
Thur 5th -Fri 6th June	Y4 Residential	Ingleton
w/c 9th June	Y1 Phonic Screening check Y4 Multiplication check	
Monday 9th June	Sports Day	R/KS1 9:15am KS2 1:30pm School field
Wednesday 11th June	Nursery sports morning	10:30- 11:00am, Picnic lunch with parents
Friday 13th June	Non uniform day	Donation for the summer fair
Wed 25th- Fri 27th June	Y6 Residential	Robin Wood
Monday 30th June	Reception new starters taster session	1:30 - 2:30 pm
Tuesday 1st July	Y6 Production	2:00 - 3:00 pm
Wednesday 2nd July	Reception taster session	9:30 -10:30 am
Weds 2nd Thurs 3rd July	Y6 Transition days	TBC
Thursday 3rd July	Y6 Production	5:30 - 6:30 pm
Friday 4th July	Popfest / Summer fair	All day / 3:15-5:30 pm
Tuesday 8th July	Reception new starters 24/25 Stay and Play	3:30-4:30 pm
Thursday 10th July	Reception new starters 24/25 Stay and Play	3:30-4:30 pm
Friday 11th July	Reports go out/ Classes go out	
Monday 14th July	Reception Graduation	2:30 pm Hall

Tuesday 15th July	Meet your new teacher	9:30-11:30 am
Thursday 17th July	Meet your new teacher	9:30-11:30 am
Friday 18th July	Y6 Leavers' assembly	2:30pm Hall
Friday 18th July	Last day of term	
Monday 21st and 22nd July School closed Training day		

Please also see below our Wellbeing In Mind Newsletter.

Wishing you all a lovely half term break.
Miss Collier



Respect



Kindness



Resilience

Capturing the imaginations of young minds



Hello,

It was lovely to head back into Poppleton Ousebank for the new school year and we very much enjoy the warm welcome we get from all pupils and staff!

This half term we've met with our pupil Wellbeing Ambassadors, who have many exciting ideas for the coming year. We are really looking forward to working with more children next half term as we explore Big Feelings and how to manage them during class work.

Next month we would like to invite parents to join us at our themed coffee mornings.

We have included a reminder of the other parent sessions we are also delivering, and hope to see you there. We want to wish you all a lovely half-term, and we look forward to seeing those who can make it to the coffee morning in November.

Take care of yourselves, and we hope you all have a wonderful, well deserved break over half-term.

Best wishes, The Wellbeing in Mind Team



Teas, Esk and Wear Valleys
NHS Foundation Trust

PARENT COFFEE MORNINGS

THE WELLBEING IN MIND TEAM ARE OFFERING FOCUSSED SESSIONS COVERING A RANGE OF TOPICS RELATED TO YOUR CHILD'S MENTAL HEALTH & WELLBEING

08:45 - 09:15 SESSION CONTENT
09:15 - 09:45 DISCUSSION & ADVICE

DATES:

TUESDAY 5TH NOVEMBER
SLEEP

TUESDAY 3RD DECEMBER
MANAGING CHALLENGING BEHAVIOURS

THESE WILL BE HELD IN THE POPSOC BUILDING