



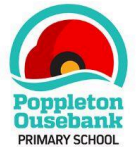
Poppleton Ousebank PRIMARY SCHOOL

'Capturing the imagination of young minds'

Wellbeing, Safeguarding and SEND Newsletter - June 2025

Our Safeguarding Team

If you have any concerns about a child or adult's safety, welfare or general well-being, please ensure that you speak with a member of our safeguarding team straight away.



01904 795930 OR EMAIL

V.MITCHINSON@POP.HLT.ACADEMY | HEADTEACHER@POP.HLT.ACADEMY | D.CARD@POP.HLT.ACADEMY



Vicky Mitchinson

VICE PRINCIPAL AND
DESIGNATED
SAFEGUARDING LEAD



Linda Collier

PRINCIPAL AND
DEPUTY DESIGNATED
SAFEGUARDING LEAD



Donna Rogers

DESIGNATED
SAFEGUARDING
OFFICER



Dave Card

DESIGNATED
GOVERNOR FOR
SAFEGUARDING



Julie McGregor

HEALTH & SAFETY
AND SITE
MANAGEMENT

Safe Children | Safe Adults | Safe Environment

If you have a concern that a child is vulnerable or at risk of significant harm please contact the Multi-Agency Safeguarding Hub in York

Phone: 01904 551900 | Email: MASH@york.gov.uk

Outside office hours, at weekends and on public holidays contact the emergency duty team on 01609 780780.



Useful links

Keeping Children Safe in Education

https://assets.publishing.service.gov.uk/media/6650a1967b792ffff71a83e8/Keeping_children_safe_in_education_2024.pdf

Poppleton Ousebank Primary School

<https://pop.hslt.academy/>

Welcome

Welcome to our June newsletter - I can't believe we are in the final half term - there is lots to look forward to over the next few weeks. Let's hope the sunshine comes back to make us all smile!

Mrs Vicky Mitchinson

Vice Principal

Designated Safeguarding Lead

Pastoral and Well being/Attendance/Pupil Premium/Behaviour Lead

SEND - Please see some useful links below

<https://www.yorksend.org/>

<https://www.york.gov.uk/SpecialEducationalNeeds>

<https://www.yorksendiass.org.uk/>

Teams at City of York Council

There are a range of teams at City of York Council who support children with Special Educational Needs and Disabilities (SEND), both directly and indirectly. Follow the links from this page to find up-to-date contact details, support available and referral processes.

Special Educational Needs Co-ordination Team

The [Special Educational Needs Co-ordination Service](#) is responsible for co-ordinating the process for arranging specialist provision for children and young people 0 to 25 with special educational needs. The team will work with families where a request for assessment is made, which may lead to an Education, Health and Care Plan (EHCP).

Specialist Teaching Team

The [Specialist Teaching Team](#) supports the inclusion of children and young people from birth to 25 years old with low incidence or high needs, with a range of SEND. The team includes:

- Portage
- Deaf and Hearing Support Team
- Vision Support Team
- Autism Support Team
- Medical Needs Team
- Physical and Health Needs Team

Educational Psychology Team

The [Educational Psychology Team](#) aim to improve the educational outcomes, emotional well being and personal development of children and young people through the use of psychology.

They work with children and young people, in partnership with parent carers and staff, in a variety of educational settings including pre-schools, schools and colleges, and offer resources developed for both parent carers and professionals.

The Educational Psychology Service also offers a weekly telephone support line which operates on Wednesday mornings during term time. Parents/carers (who have no current involvement with an Educational Psychologist), as well as local professionals, are offered a 30-minute one-off consultation to share concerns and discuss potential strategies to support children and young people with their learning and wellbeing within the home environment.

Appointments can be booked by email: epsupportline@york.gov.uk.

School Wellbeing Service

The aim of the [School Wellbeing Service](#) is to work within school clusters to strengthen and improve the emotional and mental health support arrangements for children and young people in universal school settings.

Healthy Child Service

The [Healthy Child Service](#) work with young people, children and families ensuring children are able to reach their full potential and have the best possible start in life. York's Healthy Child Service delivers information, advice and support for children and parents and of children 0 to 19 years old.

Support from City of York Council's Social Care Service

Social workers give practical and emotional support to individuals and families they often help to protect and promote people's wellbeing so that they can enjoy a better quality of life. [Social care services](#) provide support to people with learning disabilities, physical disabilities and physical illnesses.

York's Social Care Service includes Multi Agency Screening Hub, Early Help, Disabled Children's Team and the Short Breaks Service.

York Independent Living and Travel Skills (YILTS)

[York Independent Living and Travel Skills](#) (YILTS) provide travel training for young people aged 11 to 25 with Education, Health and Care Plans (EHCPs) to support them to travel independently between home and school or college.

Specialist Learning and Employment Team (SLEAT)

The [Specialist Learning and Employment Team](#) (SLEAT) is a team of qualified advisers who help young people to take their next step towards employment by providing advice and guidance on how to access appropriate education, training or employment opportunities.

Special Educational Needs and Disabilities Information and Advice Support Service (SENDIASS)

[Special Educational Needs and Disabilities Information and Advice Support Service](#) (SENDIASS) provide a free, impartial and confidential service to help with concerns or questions around education, health, social care, inclusion and preparing for adulthood for children with Special Educational Needs and Disabilities.

Pride month - June 2025

<https://www.awarenessdays.com/awareness-days-calendar/pride-month-2025>

Pride Month is a month-long celebration that recognizes the LGBTQ+ community and their contributions to society. It is a time to acknowledge the challenges faced by this community and to stand in solidarity with their fight for equality, acceptance, and human rights. Pride Month is a joyful and colorful display of love, unity, and resilience, with events and activities that promote inclusivity, educate the public, and celebrate the diversity of sexual orientations and gender identities.



Volunteers week <https://volunteersweek.org/>

Volunteers' Week is an annual UK-wide campaign held from the first Monday in June to celebrate and recognise the contributions of volunteers.

Launched in 1984, this initiative has been running for over 40 years, providing organisations and communities a platform to thank current and past volunteers for their invaluable efforts.

The campaign highlights the diversity and unity of volunteer work across the UK. In its 40th year, the campaign underwent a rebrand, introducing a vibrant identity to inspire continued engagement.

Volunteers' Week fosters connections between national organisations and grassroots groups, celebrating the spirit of volunteering that enriches communities each year.

This year's celebration runs from Monday 2nd – Sunday 8th June



Well being parent drop in sessions - POPSOC building

In the Summer Term these drop in sessions will take place on -

Tuesday 24th June - 9am - Supporting your child with transitions



Action for Happiness Calendar - Joyful June

Joyful June 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Decide to look for what's good every day this month	2 Say positive things in your conversations with others	3 Re-frame a worry and try to find a helpful way to think about it	4 Take a photo of something that brings you joy and share it	5 Think of 3 things you're grateful for and write them down	6 Get out into green space and feel the joy that nature brings	7 Do something healthy which makes you feel good
8 Find joy in music: sing, play, dance, listen or share	9 Ask a friend what made them happy recently	10 Bring joy to others by doing something kind for them	11 Eat good food that makes you happy and really savour it	12 Write a gratitude letter to thank someone	13 Take a light-hearted approach. Choose to see the funny side	14 Share a happy memory with someone who means a lot to you
15 Look for something to be thankful for where you least expect it	16 Speak to others in a warm and friendly way	17 Take time to notice things that you find beautiful	18 Look for something good in a difficult situation	19 Get outside and find the joy in being active	20 Rediscover and enjoy a fun childhood activity	21 Send a positive note to a friend who needs encouragement
22 Watch something funny and enjoy how it feels to laugh	23 Create a playlist of uplifting songs to listen to	24 Bring to mind a favourite memory you feel grateful for	25 Show your appreciation to people who are helping others	26 Make time to do something playful, just for the fun of it	27 Be kind to you. Do something that brings you joy	28 Notice how positive emotions are contagious between people
29 Share a friendly smile with people you see today	30 Make a list of the joys in your life (and keep adding to it)					

ACTION FOR HAPPINESS

Happier · Kinder · Together


Online Safety - Smartphone free school

Save the date! Staying safe online - Tuesday 3rd June 6:30pm - In order to support parents navigating this ever changing world of technology we have organised a special event to support parents in keeping their children safe online. We will have a number of guest speakers who will be able to give parents a current picture of the online risks children are facing.



There are a number of fabulous experts in the field including

- Professor Lisa Henderson, Head of Psychology, University of York
- Dr Emma Sullivan, University of York
- Researchers on Channel 4's SWIPED.
- Anna Sarjantson from Screen Safe
- Peter Roderick - Director of Public Health

Due to the content that will be shared during the evening it is not appropriate for children to attend this event.








TUESDAY 3RD JUNE



 **SMARTPHONE FREE SCHOOLS** **6:30- 7:30PM**  **SMARTPHONE FREE CHILDHOOD**

POPPLETON OUSEBANK PRIMARY

COME AND DISCUSS THE SMARTPHONE FREE CHILDHOOD MOVEMENT TAKING THE UK BY STORM! WE HAVE INCREDIBLE GUEST SPEAKERS THAT WILL EXPLAIN WHY THIS IS SO IMPORTANT TO US AND FUTURE GENERATIONS!

			
Professor Lisa Henderson, Head of psychology at University of York	Dr Emma Sullivan from University of York, Researchers on Channel 4's <u>SWIPED</u>	<u>Anna Sarjantson</u> from Screen Safe	Peter Roderick Director of Public Health York City Council



 **SMARTPHONE FREE SCHOOLS** PC Laura Harper  **SMARTPHONE FREE CHILDHOOD**

KEEPING CHILDREN SAFER ONLINE: AN ESSENTIAL PARENT & CARER TALK

This engaging and **non-judgemental** session will provide the most up-to-date information all parents need to know in today's digital world and give you the knowledge and practical strategies to help keep your child safer online while building healthy digital habits at home. From toddlers to teens this session is packed full of information that all parents and carers need to hear.

What Will Be Covered?

- **What children are really seeing and doing online today** – how their online world is very different to ours.
- **Social Media Deep Dive** – key insights into Snapchat, TikTok, Instagram, and WhatsApp.
- **Gaming Safety** – a special focus on Roblox and the risks and benefits of online gaming.
- **AI and AI Apps** – understanding the impact of artificial intelligence on children's online experiences and what apps we need to be aware of right now.
- **Inappropriate & Harmful Content** – helping your child develop critical thinking skills to navigate online risks and **what to do if your child does see something upsetting**.
- **Parental Controls & Digital Boundaries** – practical steps to set up safety measures at home.
- **Cyberbullying & Online Scams** – minimising your child's chances of being targeted.
- **Online Predators** – recognising and reducing risks.

What other Parents have said:



"A real eye-opener – I had no idea what my child was actually exposed to online. This session gave me the tools I needed to feel more confident about keeping them safe."

"The best online safety talk I have ever attended! Clear, practical, and completely non-judgemental."

"So much valuable information that every parent needs to hear. I left feeling empowered and reassured."

"Thank you so much for your informative talk last night - I found it truly eye opening as the mum of two young boys and all these social pressures ahead of us"

"I wish I had known all this sooner – every parent should attend!"

If you have a particular topic or concern you would like me to cover **please feel free to get in touch at anna@screen-safe** and I will ensure your question is covered (anonymously)

Who to contact if you need support or are worried about a child or family



If there are significant and immediate concerns about the safety of a child, you should contact the police on 999.

If you believe the situation is urgent but does not require the police, please call **01904 551900** to contact York MASH to discuss your concerns. Should you need to call outside office hours, at weekends and on public holidays contact the **emergency duty team telephone: 0300 131 2 131**. <https://www.saferchildrenyork.org.uk/>



NSPCC - Helpline - 0808 800 5000 www.nspcc.org.uk



24-hour National Domestic Abuse Helpline - 0808 2000 247



01823 334244 Helping Men escape domestic abuse



Your Family Hub Network

The Raise York website is designed to support parents, carers, children, young people and anyone who works with children, young people and families. If you're not sure where to find information or answers to your questions contact York Family Information Service on telephone: 01904 554444; text telephone: 07786202241 or email: fis@york.gov.uk and an Information Officer will try and help you. <https://www.raiseyork.co.uk/>



York Inspirational Kids is a support group for families of children and young people who have a disability and/or additional need and live in the York area.

Visit their website to find out more www.yiks.co.uk